

# HORNE LAKE CAVES PROVINCIAL PARK



## PRE-TRIP INFORMATION FOR PARENTS/GUARDIANS

Please return the Parental Consent & Medical form as soon as possible to the teacher. Forms **MUST** be signed by a Parent/Guardian before your child will be allowed to participate. Teachers must bring the forms with them and they will remain on file at Horne Lake Caves.

Upon arrival, classes will be broken down into smaller sub groups with a 14 student maximum. One Guide will be assigned per sub group. At least one Adult/Teacher must be included in each sub group, to assist with supervision.

Activities run rain or shine, so children should be prepared for any kind of weather. Therefore, raingear is a smart idea! The temperature inside the caves is always 8 degrees Celsius, even in the summer. Dressing in layers is suggested.

### **DAYTRIP CLOTHING & EQUIPMENT LIST**

- Long pants and sweatshirt
- Sturdy, closed-toed footwear (runners / gumboots / hiking boots) as caves have wet rocks
- Extra clothing and footwear - warm hat, extra socks and a light pair of gloves
- Lunch, water bottle and snack food
- Bring a camera with flash (if you wish) as the sights are incredible – they will certainly make you smile!

**Note:** When getting wet, wool, fleece, or nylon clothing is better than cotton or denim. Flip flops or sandals are NOT permitted on our tours – on youth or on adults. Valuable items should be secured in zippered pockets. Dogs are NOT permitted on our tours, even on-leash.

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## HORNE LAKE CAVES PROVINCIAL PARK ACTIVITIES

### **Cave Exploration/Tours**

The Cave Geology Interpretive Program is our most popular tour and is designed specifically to support school curriculums. Students explore the underground caverns, learn about geology, crystal formations and see ancient fossils. This unique program combines an excellent learning environment with fun-filled adventure. Our Tours can run anywhere from 1-4 hours, depending on the school's timing needs/request.

### **Rock Rappelling**

This exciting program is designed to provide basic "on-rope" experience in a fun & supportive environment. This activity is excellent for beginners, or as a progression from indoor climbing walls. All participants are instructed in climbing safety and fitted with UIAA approved helmets, harnesses and climbing gear. While on the rock, climbers are secured by a safety line at all times.

### **Team Building Challenge**

This session will run through a series of games starting with introductory ice-breakers that will get everyone working together. Then small groups are presented with numerous challenges, including our outdoor cave challenge course, which require "creative solutions". Along the way, students learn a lot about themselves and communicating with others. This activity is a great way to build camaraderie with fun & teamwork.

# PARENTAL CONSENT FORM



## HORNE LAKE CAVES PROVINCIAL PARK

**Participant First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Age:** \_\_\_\_\_ **Group:** \_\_\_\_\_ **Leader:** \_\_\_\_\_ **Date of Visit:** \_\_\_\_\_

Your child may participate in some or all of the following activities: \_\_\_ **Cave Tours** \_\_\_ **Rock Rappelling** \_\_\_ **Team Building**

These programs will be conducted rain or shine. It is important that participants dress for the outdoors and be prepared for any weather. Whenever these types of outdoor activities are conducted, there are natural hazards and risks. In addition to the usual risks, dangers and hazards usually present in outdoor activities, programs may involve additional risks, dangers and hazards, such as:

- changing weather conditions such as wet, icy, or slippery conditions that may result in falls;
- climbing on steep or vertical slopes that may result in falls or falling rock;
- immersion in water that may result in hypothermia;
- travel through forest environments which may result in injury from trees, branches, sticks, etc.;
- activities near and travel on back country roads which have vehicle traffic;

**"I am aware of, and understand the risks, dangers and hazards associated with these programs. In consideration of this, I hereby give permission for my child to participate in these programs."**

**Parent/Guardian Name** (Please Print): \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ (dd/mm/yy)

**PHOTO RELEASE CONSENT:** I agree to the reasonable use of photos, of myself or my family members, to promote Horne Lake Camp. I give consent for these photos to be used in promotional and/or other publications associated with Island Pacific Adventures Ltd. We do not rent, sell, or trade our photos  . YES  NO

## HORNE LAKE CAVES - MEDICAL INFORMATION

**Date of Birth:** \_\_\_\_\_ (dd/mm/yy) **Medical Card #:** \_\_\_\_\_

Do you have allergies or ever had a severe allergic reaction?  YES  NO

If "YES" please describe what causes reaction, what happens, and medications you take or carry for the condition:

Please detail any medical issues that might affect your ability to participate in the activity or would affect first-aid treatment : (asthma, diabetes, previous injury, heart condition etc.)

Please list any medications, prescription and non-prescription, that you are taking and the reason for taking it. Will you be carrying this medication with you on the trip?  YES  NO

### **CONSENT FOR MEDICAL TREATMENT OF AN UNDERAGE PARTICIPANT**

*"I hereby give permission to a representative of Island Pacific Adventures Ltd. to arrange for any medical treatment required for my child or ward while he / she is under their care."*

**Emergency Contact Name:** \_\_\_\_\_ **Cell Phone:** \_\_\_\_\_ **Home Phone:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ (dd/mm/yy)